

Cancer Information Day

Saturday 4 February 2012

'Together it is possible'

Salisbury Guildhall 9am-12:30pm

At 10am Maggie Rae, Director of Public Health & Public Protection for NHS Wiltshire and Wiltshire Council, will speak about cancer prevention.

Molewatch: monitor your moles to help prevent skin cancer

Dietician: healthy diet tips and BMI and weight checks

The following charities will be there to offer information, support and advice:

NHS screening information



Stop smoking advisors



Cholesterol checks



Benefits advisor

Useful organisations:

Wiltshire Council Emergency Card, Department for Work and Pensions, Carer Support Wiltshire, Age UK and Swan Advocacy

Breast awareness: nurses with info on how to check your breasts & some samples of mastectomy bras

Please call 0800 181 4118 or email Debbie@csww.co.uk to find out more.

Carer Support
Wiltshire



Working in partnership with

Wiltshire Council
Where everybody matters